



# HERIDA OUSE™

## Hammock / In Situ Sling

Do not attempt to lift any patient, during any circumstances without the appropriate training. Moving and handling vulnerable patients is of paramount importance and Herida does not endorse unsafe procedures or underqualified staff completing any lifting process. If you are unsure, please contact a Supervisor or Line Manager within your workplace, who is responsible for correct procedural lift and training policies on site.

**⚠ Never use a loop fitting sling on a clip stud spreader bar and never use a clip fitting sling on a loop receiving spreader bar.**

### CARE INSTRUCTIONS

90°	Wash at temperature <90°C	No stain remover
☒	Do not clean with bleach	Do not wipe with alcohol
☒	Do not tumble dry	Ensure Velcro® fastenings are fully attached before washing to avoid lint build up
☒	Do not iron	Only use non-biological washing detergents and rinse thoroughly
☒	Do not dry clean	Ensure back stays ( if present ) are always removed before washing
	No fabric softener	



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**A full risk and safety assessment should always be conducted prior to any lift.**



**Please ensure that this User Instruction document and the accompanying "safe sling fitting and safety guide" are read prior to first use of any sling operation.**  
**"A complete risk assessment must be completed by a competent and qualified professional".**

### How to Fit a OUSE Hammock / In Situ Sling from Bed to Bed or Bed to Chair



**1.** Roll patient safely, using appropriate and safe moving and handling methods.



**2.** Once in position, fold or roll the Ouse sling and gently tuck under the patient as shown, without nipping the skin or body mass.



**3.** Roll patient to alternate side and then gently pull the body of the sling, ensuring a central position. Align the head and spine to ensure this position is achieved.



**4.** Patient should be laying equally in position as shown.



**5.** Through feed leg straps and centre dignity hoop as demonstrated on each leg.



**6.** Apply head and leg loop coloured straps equally (unless clinical condition as identified by the qualified carer dictates otherwise). A shorter shoulder, longer leg for near 90 degree lifts as a rule of thumb. A longer shoulder and leg achieves a more supine lift (as clinical condition dictates).



**7.** Gently raise hoist, checking straps are securely fastened to the spreader bar and patient is comfortable. Re-assure throughout.

### How to Fit a OUSE Hammock / In Situ Sling – To Transfer from an Occasional Chair to Chair Position.



**1.** Through feed each leg section into the centre straps as demonstrated and repeat each side.



**2.** The sling leg and centre sections with protective padding should look like this, before lowering the spreader bar.



**3.** Carefully lower spreader bar and apply coloured loop fittings to the spreader bar. NB: Short shoulder, longer leg for an upright lift (best practice for chair to chair). Ideally leg loops to front of bar and shoulder loops to rear of bar.



**4.** Check all loop webbing is securely fastened prior to lift (second check).



**5.** Gently raise under tension.



**6.** Lift and clear chair. Wheel hoist to new chair with legs open and lower gently until seated. Undo all webbing from spreader bar and remove hoist.

**● This sling design has to be applied in the lying position first and not in the chair.**

**● For further help or advice please contact Customer Services on Freephone: +44 (0) 800 193 6030**